

Boca Ballroom Dancesport Competition Solos, Pro-Am Cabaret & Formation Team Events





Studio:			
Address:			
Email Address:			
Phone Number:			
Solos			
Limit: three minutes in length. Submit music to the Music Director in advance via email, download, or USB flash drive.			
Title of Piece:			
Style/ Dance:			
Age/ Level:			
Preferred Day/ Time:			
Leader:	☐ Pro ☐ Am	NDCA #:	
Follower:	☐ Pro ☐ Am	NDCA #:	
Pro/Am Cabaret – Saturday Night			
Combined Level & Age.			
Cabaret events are those in which couples select their own music and appear one at a time. Unrestricted, free form solo. Music			
selected by couple. Time	allowed is 4 min 45 sec. to include entry/exit, both with/	without music	Entry will commence when first
selected by couple. Time member of the partners	allowed is 4 min 45 sec. to include entry/exit, both with/ hip steps on the floor. Exit will finish when last member	without music steps off the flo	Entry will commence when first por. Use of props is not allowed,
selected by couple. Time member of the partners unles	allowed is 4 min 45 sec. to include entry/exit, both with/ hip steps on the floor. Exit will finish when last member s said prop is handled by one or both dancers at all times	without music steps off the flo s and is not left	Entry will commence when first por. Use of props is not allowed,
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Registration Deadline: August 1st